



EUROPASKOLEN	EUROPÄISCHE SCHULE
ΕΥΡΩΠΑΪΚΟ ΣΧΟΛΕΙΟ	EUROPEAN SCHOOL
ESCUELA EUROPEA	ECOLE EUROPEENNE
SCUOLA EUROPEA	EUROPESE SCHOOL
ESCOLA EUROPEIA	EUROOPPA-KOULU
ȘCOALA EUROPEANĂ	ЕВРОПЕЙСКО УЧИЛИЩЕ

Version 1.1

In force as of 1st September 2016

Changes to be confirmed by the Secondary
Educational Council of 20 October 2016

PHYSICAL EDUCATION 2016-2017

Internal regulations

Dear Parents,

For reasons of security and hygiene, the following instructions apply to P.E. lessons:

1. Pupils unaccompanied by a teacher do NOT have access to the gymnasium. They must wait outside the gym, in front of the entrance-hall. Punctual attendance is required.
2. For PE-lessons taking place INDOOR, the following clothing must be worn:
 - a. T-shirt with the school crest which can be purchased at school
 - b. Sport shorts with basic colors (black, blue, grey, white) (no jeans, bermuda,...)
 - c. Indoor gym shoes (non marking)
3. For PE-lessons taking place OUTDOOR, the following clothing must be worn:
 - a. Outdoor shoes
 - b. In case of cold or rain;
 - i. Tracksuit
 - ii. K-way rain-jacket
4. Hygiene:
 - a. It is obligatory to change into fresh clothes after each sport lesson.
 - b. Pupils have the possibility to refresh/wash themselves in the changing rooms (sinks).
 - c. Pupils with long hair must always use a hair band.
5. In the changing room we kindly ask not to use deodorant sprays, only rollers or sticks. The use of deodorant is highly recommended.
6. Students are not allowed to listen to music or study during PE lessons even if they do not take an active part in a lesson. Also phones are not allowed during school time.
7. Pupils must bring to each and every lesson their complete PE outfit, together with their class diary. No equipment will result in loss of points (A-mark) and a task during the lesson.
8. Maintaining discipline is crucial for the proper functioning of the school, disciplinary measures will be undertaken according to the disciplinary routines: Any breach will be



written in the student's class diary (and in the schools management system); lateness, missing equipment, bad behavior or language,...

9. In the event of exemption from PE, pupils must hand a medical certificate to the PE teacher. This certificate is compulsory and must clearly indicate the exact length of the exemption. After a period of 3 months, the certificate must be renewed. When students are excused from PE, they must present themselves at the beginning of each lesson. The teacher will decide what to do with the student based on the individual case. Under no circumstances is the pupil allowed to leave the school premises.
10. To justify an occasional exemption from a lesson (no longer than one week), a written request must be presented in the pupil's class diary, signed and dated by the parents. This request must be handed to the teacher before the start of the lesson. The student must stay with his/her class. To abstain for a test students must produce a medical certificate to cover them.
11. Pupils are not permitted to wear necklaces, bracelets, watches etc. during PE lessons. PE teachers will not be responsible for lost or stolen items.
12. In the interests of the pupil, parents are asked to notify the teacher at the beginning of the school year of any health problems, illnesses or accidents their child has sustained, or medical treatment he/she is undergoing, which might exempt the pupil from certain exercises.
13. Notes and tests

Your child will receive A-grades based upon class work (including participation, motivation, punctuality and the right equipment and clothing) and B-grades based upon the sport tests.

One overall grade will be given, with each A and B grade being taken into account (50%-50%).

The school year is divided into six blocks of six weeks. The children have two or three hours of physical education per week. At the end of each block the students will be evaluated. For S4-S5-S6 these tests will be averaged out to a B-grade.

These regulations will be brought to the attention of pupils by their PE teacher.

For information

- All new students will be able to order (included in school fee) a school T-shirt in the gymnasium during the first lesson.
- An extra t-shirt can be bought from the PE teacher on Tuesdays and Thursdays from 10h40-11h (S1-5€, S2-6€, S3-S7 7€)



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- Your child's name must be clearly marked in his/her T-shirt, sports shoes and shorts.

Yours sincerely,
PE department

This form must be completed and signed by the parents and returned to the child's PE teacher.

Name of pupil:

Medical information:

Class:

Date:

Signature parent(s):